



**THIS IS ONE WEEK WHEN  
WE CAN ALL DO SOMETHING  
ABOUT POVERTY.**



**ANTI-POVERTY  
17 - 23 October 2010 WEEK**

# 10 THINGS YOU CAN DO IN ANTI-POVERTY WEEK

- 1 Organise a forum for local groups to discuss poverty issues in your community and plan some action to address them
- 2 If you are in a community organisation, religious group or sporting association, ask them to think about doing something during the Week
- 3 Arrange an information stall at a local shopping centre or other gathering place about ways people can get help from local services
- 4 Organise a meal, concert, game or some other activity to help raise funds for organisations which help disadvantaged people
- 5 Arrange a speaker on poverty issues for your workplace or a group you are involved with
- 6 Volunteer to help an organisation working with disadvantaged people (for some ideas, see [www.volunteeringaustralia.org](http://www.volunteeringaustralia.org))
- 7 Join in an Anti-Poverty Week activity which someone else is organising (see the calendar of activities at [www.antipovertyweek.org.au](http://www.antipovertyweek.org.au))
- 8 Start making regular donations to charities and ask friends and workmates to do the same (or agree to exchange presents in future by making donations on behalf of each other)
- 9 Write a letter to your local paper or MP about some aspect of poverty or other hardship that concerns you
- 10 If you are in a business, provide a discount or free offer to people on a low income for some of your products or services during the Week

For more ideas and information,  
visit [www.antipovertyweek.org.au](http://www.antipovertyweek.org.au)  
email: [apw@antipovertyweek.org.au](mailto:apw@antipovertyweek.org.au)  
or call 1300 797 290

